

| place | name | age | sex | location | divp | sepx | 5k | Split | 10K | Run | Trans 1 | Bike | Trans 2 | 5K | Run | time |
|-------|-----------------------|-----|-----|------------------|-------|--------|-------|-------|---------|---------|---------|---------|---------|----|-----|------|
| 1 | Michael Hay | 35 | M | Thunder Bay, OH | 1/19 | 1/173 | 17:00 | 34:03 | 33 | 1:03:28 | 32 | 17:50 | 1:56:24 | | | |
| 2 | Edmond J. Hickey | 34 | M | Madison, WI | 1/25 | 2/173 | 16:58 | 34:07 | 29 | 1:03:06 | 32 | 18:18 | 1:56:30 | | | |
| 3 | Michael Stoick | 25 | M | Saint Paul, MN | 1/18 | 3/173 | 15:57 | 31:58 | 45 | 1:06:48 | 34 | 17:34 | 1:57:38 | | | |
| 4 | Rios Hector | 35 | M | Wichita, KS | 2/19 | 4/173 | 33:42 | 47 | 1:04:47 | 40 | 18:11 | 1:58:07 | | | | |
| 5 | Erin Kees | 25 | M | Madison, WI | 2/18 | 5/173 | 16:35 | 33:45 | 34 | 1:05:36 | 32 | 17:43 | 1:58:08 | | | |
| 6 | Chad Millner | 26 | M | Eden Prairie, MN | 3/18 | 6/173 | 16:35 | 33:44 | 30 | 1:05:47 | 25 | 18:22 | 1:58:45 | | | |
| 7 | Jim Pingel | 34 | M | Milwaukee, WI | 2/25 | 7/173 | 17:23 | 34:54 | 55 | 1:04:27 | 44 | 18:46 | 1:59:43 | | | |
| 8 | Derek Hager | 41 | M | Minneapolis, MN | 1/21 | 8/173 | 18:12 | 36:46 | 29 | 1:02:40 | 26 | 19:43 | 2:00:03 | | | |
| 9 | Lance Shimomura | 31 | M | Fort Collins, CO | 3/25 | 9/173 | 17:18 | 34:30 | 47 | 1:06:01 | 39 | 18:16 | 2:00:10 | | | |
| 10 | Scott Myers | 27 | M | Crystal, MN | 4/18 | 10/173 | 16:34 | 33:44 | 34 | 1:06:27 | 43 | 19:00 | 2:00:27 | | | |
| 11 | Rick Kattouf | 31 | M | Warren, OH | 4/25 | 11/173 | 16:43 | 33:50 | 40 | 1:07:40 | 41 | 18:11 | 2:01:00 | | | |
| 12 | Chris Stockman | 38 | M | New Lenox, IL | 3/19 | 12/173 | 17:24 | 35:07 | 34 | 1:07:12 | 28 | 18:34 | 2:01:53 | | | |
| 13 | Nathan Hoffman | 19 | M | South Haven, MN | 1/3 | 13/173 | 16:36 | 33:49 | 47 | 1:09:12 | 38 | 17:58 | 2:02:23 | | | |
| 14 | David Dow | 47 | M | Saint Paul, MN | 1/30 | 14/173 | 18:11 | 36:45 | 45 | 1:05:07 | 50 | 19:06 | 2:02:32 | | | |
| 15 | Robert Gilles | 26 | M | Fargo, ND | 5/18 | 15/173 | 16:37 | 34:22 | 43 | 1:06:01 | 41 | 21:08 | 2:02:53 | | | |
| 16 | Chris Phelan | 46 | M | Dallas, TX | 2/30 | 16/173 | 17:31 | 35:26 | 38 | 1:08:47 | 42 | 19:26 | 2:04:56 | | | |
| 17 | Steven Maas | 41 | M | St. Charles, MO | 2/21 | 17/173 | 18:13 | 37:09 | 44 | 1:06:42 | 41 | 19:43 | 2:04:57 | | | |
| 18 | Jim Bruskevitz | 50 | M | Madison, WI | 1/12 | 18/173 | 18:02 | 35:56 | 35 | 1:09:21 | 44 | 18:37 | 2:05:10 | | | |
| 19 | Kenn Seibel | 38 | M | Lincoln, NE | 4/19 | 19/173 | 17:40 | 35:28 | 52 | 1:08:55 | 59 | 18:59 | 2:05:12 | | | |
| 20 | Leon Ball | 37 | M | Minneapolis, MN | 5/19 | 20/173 | 17:54 | 35:38 | 49 | 1:09:53 | 42 | 18:27 | 2:05:26 | | | |
| 21 | Steven Kubicki | 32 | M | West Bend, WI | 5/25 | 21/173 | 17:57 | 35:55 | 42 | 1:09:36 | 36 | 18:57 | 2:05:44 | | | |
| 22 | Troy Allen Vargas | 33 | M | Woodbury, MN | 6/25 | 22/173 | 17:38 | 34:53 | 49 | 1:09:46 | 57 | 19:47 | 2:06:09 | | | |
| 23 | Larry G Sullivan | 45 | M | Clinton, IA | 3/30 | 23/173 | 18:13 | 36:43 | 56 | 1:07:07 | 1:14 | 20:54 | 2:06:53 | | | |
| 24 | Sean Mulheron | 33 | M | Saint Paul, MN | 7/25 | 24/173 | 16:43 | 33:09 | 48 | 1:13:58 | 43 | 18:40 | 2:07:16 | | | |
| 25 | Michael Kilcoyne | 44 | M | Long Lake, MN | 3/21 | 25/173 | 18:37 | 37:08 | 51 | 1:08:19 | 39 | 20:33 | 2:07:28 | | | |
| 26 | Dave Riesland | 40 | M | Williams Bay, WI | 4/21 | 26/173 | 18:46 | 37:43 | 1:00 | 1:07:39 | 39 | 21:00 | 2:07:58 | | | |
| 27 | Donald Harris | 20 | M | . | 1/7 | 27/173 | 18:44 | 38:33 | 55 | 1:08:23 | 42 | 20:02 | 2:08:33 | | | |
| 28 | Todd Firebaugh | 40 | M | Woodbury, MN | 5/21 | 28/173 | 19:17 | 38:59 | 1:00 | 1:07:11 | 1:05 | 20:32 | 2:08:45 | | | |
| 29 | Paul Haltvick | 45 | M | Ashland, WI | 4/30 | 29/173 | 19:17 | 39:17 | 28 | 1:06:30 | 35 | 22:06 | 2:08:55 | | | |
| 30 | Scott Roehrborn | 31 | M | Sheboygan, WI | 8/25 | 30/173 | 17:36 | 35:22 | 34 | 1:08:12 | 32 | 18:24 | 2:09:02 | | | |
| 31 | Peter Hanson | 37 | M | Minneapolis, MN | 6/19 | 31/173 | 18:28 | 37:34 | 53 | 1:09:39 | 50 | 20:10 | 2:09:03 | | | |
| 32 | Chris Leigh | 33 | M | Minneapolis, MN | 9/25 | 32/173 | 17:52 | 36:00 | 49 | 1:12:55 | 40 | 19:06 | 2:09:28 | | | |
| 33 | Eric Lanners | 29 | M | Minneapolis, MN | 6/18 | 33/173 | 18:31 | 37:28 | 52 | 1:11:08 | 48 | 19:23 | 2:09:36 | | | |
| 34 | Greg Sabo | 32 | M | Charlotte, NC | 10/25 | 34/173 | 18:08 | 36:25 | 46 | 1:12:14 | 43 | 19:43 | 2:09:49 | | | |
| 35 | Ryan Ness | 27 | M | St Cloud, MN | 7/18 | 35/173 | 18:30 | 38:24 | 45 | 1:09:45 | 31 | 20:30 | 2:09:52 | | | |
| 36 | Jan Guenther | 43 | F | Long Lake, MN | 1/12 | 1/57 | 19:47 | 39:09 | 55 | 1:09:05 | 39 | 20:20 | 2:10:06 | | | |
| 37 | Kerry Mayer | 56 | M | Milwaukee, WI | 1/8 | 36/173 | 19:14 | 38:20 | 1:03 | 1:09:53 | 1:01 | 19:59 | 2:10:14 | | | |
| 38 | Eugene Allwine | 47 | M | Pullman, WA | 5/30 | 37/173 | 19:16 | 39:51 | 36 | 1:08:23 | 32 | 21:00 | 2:10:21 | | | |
| 39 | Brad Temple | 32 | M | Madison, WI | 11/25 | 38/173 | 17:39 | 34:54 | 1:12 | 1:14:49 | 49 | 18:39 | 2:10:21 | | | |
| 40 | Bruce Schalk | 41 | M | Burnsville, MN | 6/21 | 39/173 | 18:36 | 37:14 | 41 | 1:12:29 | 53 | 19:18 | 2:10:32 | | | |
| 41 | Henry Barksdale | 48 | M | Minneapolis, MN | 6/30 | 40/173 | 18:36 | 37:32 | 51 | 1:11:08 | 34 | 20:53 | 2:10:55 | | | |
| 42 | Jason Liebsch | 17 | M | Maple Grove, MN | 1/2 | 41/173 | 17:33 | 36:03 | 1:09 | 1:14:30 | 38 | 18:57 | 2:11:16 | | | |
| 43 | Marnie Walth | 33 | F | Bismarck, ND | 1/13 | 2/57 | 19:25 | 39:02 | 52 | 1:11:01 | 42 | 20:10 | 2:11:45 | | | |
| 44 | Lien Kim Fordham | 35 | F | Aberdeen, SD | 1/7 | 3/57 | 19:47 | 39:10 | 35 | 1:11:36 | 42 | 20:43 | 2:12:44 | | | |
| 45 | Rod Richard Bickel | 47 | M | Lakeland, TN | 7/30 | 42/173 | 19:28 | 39:34 | 49 | 1:11:21 | 44 | 20:40 | 2:13:06 | | | |
| 46 | Ben Nemeth | 29 | M | St Cloud, MN | 8/18 | 43/173 | 17:56 | 35:57 | 49 | 1:16:44 | 37 | 19:43 | 2:13:47 | | | |
| 47 | Tony Manro | 60 | M | Monroeville, PA | 1/9 | 44/173 | 38:19 | 59 | 1:14:17 | 1:05 | 20:03 | 2:14:42 | | | | |
| 48 | Raymond Samide | 44 | M | Eden Prairie, MN | 7/21 | 45/173 | 20:12 | 40:33 | 44 | 1:12:16 | 32 | 20:42 | 2:14:46 | | | |
| 49 | John Lapehn | 45 | M | South Bend, IN | 8/30 | 46/173 | 18:53 | 38:17 | 51 | 1:14:30 | 47 | 20:41 | 2:15:04 | | | |
| 50 | Adriaan Ostrander | 19 | M | Hayward, WI | 2/3 | 47/173 | 17:48 | 36:09 | 1:14 | 1:14:21 | 1:09 | 22:21 | 2:15:12 | | | |
| 51 | Steven Robert Dunn | 36 | M | Covington, OH | 7/19 | 48/173 | 19:39 | 38:38 | 1:05 | 1:15:18 | 53 | 19:24 | 2:15:16 | | | |
| 52 | Ben Mogren | 20 | M | Winona, MN | 2/7 | 49/173 | 18:49 | 38:15 | 56 | 1:13:41 | 51 | 21:43 | 2:15:25 | | | |
| 53 | Matt Simmons | 27 | M | Moorhead, MN | 9/18 | 50/173 | 19:15 | 38:51 | 1:10 | 1:14:34 | 1:01 | 20:07 | 2:15:42 | | | |
| 54 | Pierre Redmond | 44 | M | Julian, CA | 8/21 | 51/173 | 20:09 | 40:47 | 49 | 1:12:17 | 55 | 21:05 | 2:15:50 | | | |
| 55 | Ken Magren | 54 | M | . | 2/12 | 52/173 | 42:02 | 55 | 1:09:46 | 57 | 22:27 | 2:16:06 | | | | |
| 56 | Elmer Bloch | 46 | M | St Cloud, MN | 9/30 | 53/173 | 21:22 | 42:44 | 1:06 | 1:08:33 | 1:06 | 22:41 | 2:16:08 | | | |
| 57 | David Newman | 48 | M | Minneapolis, MN | 10/30 | 54/173 | 20:18 | 40:36 | 53 | 1:12:35 | 57 | 21:20 | 2:16:19 | | | |
| 58 | Jarrod Sokolowski | 25 | M | Saint Paul, MN | 10/18 | 55/173 | 19:48 | 40:13 | 54 | 1:07:56 | 49 | 26:42 | 2:16:32 | | | |
| 59 | Joe Langel | 29 | M | Minnetonka, MN | 1/8 | 56/173 | 20:59 | 42:12 | 47 | 1:10:51 | 44 | 22:16 | 2:16:48 | | | |
| 60 | Matt Robinson | 28 | M | St Cloud, MN | 11/18 | 57/173 | 18:40 | 38:41 | 1:22 | 1:14:38 | 1:03 | 21:21 | 2:17:03 | | | |
| 61 | Thomas Tedlund | 45 | M | Duluth, MN | 11/30 | 58/173 | 21:44 | 44:00 | 54 | 1:08:19 | 1:12 | 23:11 | 2:17:34 | | | |
| 62 | Joshua Korn | 22 | M | Thorp, WI | 3/7 | 59/173 | 17:48 | 36:08 | 1:12 | 1:20:14 | 43 | 19:25 | 2:17:40 | | | |
| 63 | Robin Tedlund | 44 | F | Duluth, MN | 2/12 | 4/57 | 20:31 | 41:29 | 44 | 1:12:26 | 42 | 22:32 | 2:17:52 | | | |
| 64 | Alida Anderson | 33 | F | Bethesda, MD | 2/13 | 5/57 | 19:42 | 39:33 | 50 | 1:17:01 | 43 | 20:36 | 2:18:40 | | | |
| 65 | Daniel Abercrombie | 28 | M | Eagan, MN | 12/18 | 60/173 | 19:15 | 39:07 | 59 | 1:16:23 | 57 | 22:04 | 2:19:27 | | | |
| 66 | Joe Wildman | 46 | M | Milaca, MN | 12/30 | 61/173 | 20:20 | 41:35 | 1:06 | 1:13:55 | 1:06 | 22:21 | 2:20:01 | | | |
| 67 | Josh Larson | 20 | M | Shoreview, MN | 4/7 | 62/173 | 18:03 | 37:16 | 49 | 1:19:30 | 50 | 21:49 | 2:20:13 | | | |
| 68 | Jay Richards | 36 | M | Brownsville, MN | 8/19 | 63/173 | 20:04 | 40:31 | 1:39 | 1:14:49 | 1:27 | 22:02 | 2:20:25 | | | |
| 69 | Amy Kuitse | 39 | F | South Bend, IN | 2/7 | 6/57 | 19:58 | 40:31 | 58 | 1:17:27 | 46 | 20:47 | 2:20:27 | | | |
| 70 | Molly Cochran | 27 | F | Lakeville, MN | 1/8 | 7/57 | 19:47 | 39:18 | 55 | 1:20:51 | 52 | 19:29 | 2:21:22 | | | |
| 71 | Dan Arlandson | 26 | M | Minneapolis, MN | 13/18 | 64/173 | 20:37 | 42:40 | 1:42 | 1:11:27 | 1:34 | 20:30 | 2:21:50 | | | |
| 72 | Duane Millslagle | 52 | M | Duluth, MN | 3/12 | 65/173 | 19:13 | 38:49 | 1:04 | 1:19:55 | 57 | 21:14 | 2:21:57 | | | |
| 73 | Marren Taylor | 62 | M | Telford, PA | 2/9 | 66/173 | 21:01 | 42:47 | 54 | 1:13:42 | 56 | 23:53 | 2:22:10 | | | |
| 74 | Lauren Pithian | 44 | F | Minneapolis, MN | 3/12 | 8/57 | 20:24 | 41:49 | 1:45 | 1:15:12 | 1:14 | 22:22 | 2:22:20 | | | |
| 75 | Carl Tubbs | 44 | M | Stillwater, MN | 9/21 | 67/173 | 21:54 | 43:41 | 51 | 1:13:28 | 49 | 23:38 | 2:22:26 | | | |
| 76 | Norman Wondero | 45 | M | Minneapolis, MN | 13/30 | 68/173 | 19:43 | 40:02 | 1:13 | 1:17:36 | 1:20 | 22:23 | 2:22:33 | | | |
| 77 | Jill Koski | 37 | F | St Cloud, MN | 3/7 | 9/57 | 21:06 | 43:01 | 56 | 1:14:34 | 41 | 23:52 | 2:23:02 | | | |
| 78 | Renne Richards | 29 | F | Oshkosh, WI | 2/8 | 10/57 | 21:00 | 42:40 | 1:08 | 1:14:53 | 1:03 | 23:29 | 2:23:10 | | | |
| 79 | Todd Huyber | 33 | M | Rochester, MN | 2/8 | 69/173 | 20:36 | 42:01 | 1:15 | 1:16:07 | 1:13 | 22:39 | 2:23:12 | | | |
| 80 | David William Drexler | 54 | M | Horicon, WI | 4/12 | 70/173 | 21:29 | 42:54 | 1:35 | 1:14:47 | 1:25 | 22:38 | 2:23:18 | | | |
| 81 | Catherine R Burnham | 33 | F | Lombard, IL | 3/13 | 11/57 | 20:54 | 42:18 | 52 | 1:16:21 | 48 | 23:07 | 2:23:22 | | | |
| 82 | Simon Walter Hansen | 24 | M | Rosemount, MN | 5/7 | 71/173 | 19:38 | 39:23 | 1:17 | 1:21:13 | 57 | 20:52 | 2:23:41 | | | |
| 83 | Gregory G Schoen | 44 | M | Princeton, MN | 10/21 | 72/173 | 22:16 | 43:46 | 53 | 1:16:29 | 47 | 21:56 | 2:23:49 | | | |
| 84 | Sean Stucke | 29 | M | Farmington, MN | 14/18 | 73/173 | 19:38 | 39:39 | 1:09 | 1:20:14 | 55 | 22:04 | 2:23:58 | | | |
| 85 | Melinda Silbernick | 47 | F | Maple Grove, MN | 1/6 | 12/57 | 22:22 | 44:55 | 1:04 | 1:13:44 | 55 | 23:34 | 2:24:09 | | | |
| 86 | Mark Smith | 41 | M | Thunder Bay, MN | 11/21 | 74/173 | 19:48 | 40:59 | 1:05 | 1:18:48 | 1:14 | 22:14 | 2:24:18 | | | |
| 87 | Barbarann Mallory | 43 | F | Plainfield, IL | 4/12 | 13/57 | 20:16 | 40:36 | 57 | 1:20:59 | 56 | 20:52 | 2:24:19 | | | |
| 88 | Lynn Beiswanger | 48 | M | Bismarck, ND | 14/30 | 75/173 | 18:54 | 38:35 | 1:22 | 1:21:25 | 1:25 | 21:47 | 2:24:32 | | | |
| 89 | David Pinnick | 46 | M | Saint Cloud, MN | 15/30 | 76/173 | 20:15 | 40:43 | 58 | 1:19:40 | 52 | 22:30 | 2:24:41 | | | |
| 90 | Brian Lee Bergeman | 34 | M | St Cloud, Mn, MN | 3/8 | 77/173 | 19:32 | 40:15 | 56 | 1:19:19 | 41 | 23:37 | 2:24:45 | | | |
| 91 | Nick Gervino | 41 | M | Saint Paul, MN | 12/21 | 78/173 | 20:50 | 41:53 | 54 | 1:17:04 | 1:06 | 23:56 | 2:24:50 | | | |
| 92 | Roy Francis Dwyer, Jr | 63 | M | San Antonio, TX | 3/9 | 79/173 | 21:41 | 43:25 | 1:01 | 1:15:43 | 1:10 | 23:47 | 2:25:04 | | | |
| 93 | Brian Nelsen | 48 | M | Shoreview, MN | 16/30 | 80/173 | 22:51 | 45:50 | 53 | 1:12:22 | 53 | 25:12 | 2:25:09 | | | |
| 94 | Gray Kimbrell | 48 | M | Minneapolis, MN | 17/30 | 81/173 | | | | | | | | | | |

| place | name | age | sex | location | divp | sepx | 5k | Split | 10K Run | Trans 1 | Bike | Trans 2 | 5K Run | time |
|-------|------------------------|-----|-----|----------------------|-------|---------|-------|-------|---------|---------|---------|---------|--------|---------|
| 101 | Pam Stevens | 49 | F | Sartell, MN | 2/6 | 15/57 | 21:59 | 44:40 | 44:40 | 56 | 1:16:09 | 58 | 24:14 | 2:26:56 |
| 102 | Reuben Wagenius | 32 | M | St Cloud, MN | 14/25 | 87/173 | 21:19 | 42:51 | 42:51 | 43 | 1:14:22 | 38 | 28:43 | 2:27:16 |
| 103 | Daryl Stevens | 60 | M | Sartell, MN | 4/9 | 88/173 | 23:04 | 46:46 | 46:46 | 1:04 | 1:13:31 | 1:00 | 24:59 | 2:27:18 |
| 104 | Thomas Armer | 58 | M | Yuma, AZ | 2/8 | 89/173 | 22:02 | 44:44 | 44:44 | 44 | 1:17:02 | 54 | 24:06 | 2:27:29 |
| 105 | Steve Nester | 30 | M | Chantilly, VA | 15/25 | 90/173 | 18:41 | 39:01 | 39:01 | 55 | 1:17:13 | 2:12 | 28:24 | 2:27:44 |
| 106 | Allan Gill | 30 | M | Avon, MN | 16/25 | 91/173 | 21:28 | 42:52 | 42:52 | 1:06 | 1:21:58 | 39 | 21:18 | 2:27:50 |
| 107 | Mike Houghton | 32 | M | Sartell, MN | 17/25 | 92/173 | 21:28 | 42:53 | 42:53 | 2:03 | 1:19:41 | 1:28 | 22:02 | 2:28:05 |
| 108 | Bradley Thom | 46 | M | Glencoe, MN | 19/30 | 93/173 | 20:49 | 42:31 | 42:31 | 1:24 | 1:17:23 | 1:26 | 25:24 | 2:28:06 |
| 109 | Greg Courtney | 43 | M | Ames, IA | 14/21 | 94/173 | 22:04 | 44:04 | 44:04 | 1:40 | 1:17:59 | 1:35 | 22:58 | 2:28:14 |
| 110 | Ann Lembezeder | 41 | F | Saint Paul, MN | 6/12 | 16/57 | 23:08 | 47:28 | 47:28 | 1:12 | 1:13:57 | 1:01 | 24:59 | 2:28:35 |
| 111 | Siiri Carver | 29 | F | White Bear Lake, MN | 3/8 | 17/57 | 21:06 | 42:46 | 42:46 | 1:10 | 1:20:48 | 1:08 | 22:48 | 2:28:38 |
| 112 | Joe Struempfl | 61 | M | Grandview, MO | 5/9 | 95/173 | 21:58 | 45:47 | 45:47 | 49 | 1:16:50 | 44 | 24:37 | 2:28:44 |
| 113 | Scott Ransom | 42 | M | St. Anthony, MN | 15/21 | 96/173 | 21:09 | 43:11 | 43:11 | 1:31 | 1:18:40 | 1:16 | 24:22 | 2:28:58 |
| 114 | Jose Medina | 33 | M | Minnetonka, MN | 18/25 | 97/173 | 22:16 | 44:48 | 44:48 | 1:31 | 1:16:34 | 1:23 | 25:04 | 2:29:17 |
| 115 | Jana Landry | 49 | F | Tiki Island, TX | 3/6 | 18/57 | 22:47 | 46:20 | 46:20 | 1:02 | 1:16:28 | 1:03 | 24:57 | 2:29:49 |
| 116 | Dave Demulling | 57 | M | Osceola, WI | 3/8 | 98/173 | 22:04 | 44:55 | 44:55 | 1:14 | 1:17:45 | 1:22 | 24:38 | 2:29:51 |
| 117 | Robert Skow | 54 | M | St Cloud, MN | 5/12 | 99/173 | 22:24 | 44:56 | 44:56 | 1:16 | 1:19:30 | 56 | 23:41 | 2:30:17 |
| 118 | Janalou Phelan | 39 | F | Dallas, TX | 4/7 | 19/57 | 22:21 | 44:45 | 44:45 | 1:10 | 1:19:08 | 1:09 | 24:29 | 2:30:40 |
| 119 | Troy Anthony Streseman | 26 | M | Edina, MN | 15/18 | 100/173 | 18:14 | 36:49 | 36:49 | 32 | 1:23:07 | 38 | 27:39 | 2:30:44 |
| 120 | Carlton Hock | 36 | M | Chicago, IL | 9/19 | 101/173 | 20:52 | 42:12 | 42:12 | 2:33 | 1:23:20 | 1:47 | 21:16 | 2:31:06 |
| 121 | Gregg Garretson | 45 | M | Rosemount, MN | 1/8 | 102/173 | 22:55 | 45:42 | 45:42 | 1:16 | 1:19:45 | 1:24 | 23:08 | 2:31:13 |
| 122 | Kati Campbell | 56 | F | Long Lake, MN | 1/1 | 20/57 | 22:55 | 45:42 | 45:42 | 57 | 1:19:53 | 48 | 23:55 | 2:31:14 |
| 123 | Cindy Lewandowski | 40 | F | Sartell, MN | 7/12 | 21/57 | 21:15 | 42:36 | 42:36 | 1:06 | 1:24:46 | 52 | 22:14 | 2:31:32 |
| 124 | John Kersten | 50 | M | Aberdeen, SD | 6/12 | 103/173 | 23:02 | 45:55 | 45:55 | 1:09 | 1:20:28 | 56 | 23:15 | 2:31:42 |
| 125 | Cody Barnett | 34 | M | Wichita, KS | 19/25 | 104/173 | 21:38 | 44:01 | 44:01 | 35 | 1:23:09 | 35 | 23:37 | 2:31:55 |
| 126 | Stefanie Fila | 23 | F | St. Paul, MN | 1/3 | 22/57 | 20:15 | 40:35 | 40:35 | 1:39 | 1:27:33 | 1:19 | 20:53 | 2:31:57 |
| 127 | Paul Damrow | 50 | M | Roseville, MN | 2/8 | 105/173 | 21:43 | 43:49 | 43:49 | 1:55 | 1:21:32 | 1:22 | 23:22 | 2:31:58 |
| 128 | Whitney Johnson | 38 | M | Cold Spring, MN | 10/19 | 106/173 | 20:58 | 42:19 | 42:19 | 1:42 | 1:24:11 | 1:34 | 22:30 | 2:32:13 |
| 129 | Phil Rogosheske | 58 | M | St Cloud, MN | 4/8 | 107/173 | 22:13 | 44:55 | 44:55 | 1:00 | 1:18:03 | 55 | 27:25 | 2:32:15 |
| 130 | John Ostmoe | 47 | M | Milaca, MN | 20/30 | 108/173 | 25:16 | 50:46 | 50:46 | 1:20 | 1:13:29 | 1:18 | 25:50 | 2:32:41 |
| 131 | Mike Scham | 33 | M | . | 20/25 | 109/173 | 23:15 | 45:41 | 45:41 | 2:17 | 1:20:02 | 1:47 | 23:06 | 2:32:50 |
| 132 | Rick Edinger | 46 | M | Edina, MN | 21/30 | 110/173 | 21:30 | 43:39 | 43:39 | 53 | 1:17:27 | 1:01 | 26:04 | 2:33:03 |
| 133 | Brian Devereaux | 36 | M | St Johns, MI | 11/19 | 111/173 | 21:10 | 43:38 | 43:38 | 1:28 | 1:21:03 | 1:15 | 26:09 | 2:33:32 |
| 134 | Keith Schupp | 49 | M | Sauk Rapids, MN | 22/30 | 112/173 | 22:57 | 46:04 | 46:04 | 1:24 | 1:19:12 | 1:21 | 25:37 | 2:33:35 |
| 135 | Scott D Grayson | 39 | M | Golden Valley, MN | 12/19 | 113/173 | 21:31 | 43:12 | 43:12 | 1:02 | 1:22:20 | 1:56 | 25:34 | 2:34:02 |
| 136 | Jeff Janssen | 38 | M | St Cloud, MN | 13/19 | 114/173 | 21:18 | 42:44 | 42:44 | 1:28 | 1:24:04 | 1:24 | 24:43 | 2:34:20 |
| 137 | Gerald Viebrock | 54 | M | Osceola, WI | 7/12 | 115/173 | 21:56 | 44:45 | 44:45 | 1:13 | 1:21:25 | 1:37 | 25:28 | 2:34:27 |
| 138 | Roger Broz | 33 | M | St Paul, MN | 21/25 | 116/173 | 20:33 | 42:35 | 42:35 | 1:15 | 1:15:19 | 56 | 35:03 | 2:35:06 |
| 139 | Tom Bengel | 52 | M | Saint Paul, MN | 8/12 | 117/173 | 23:02 | 45:56 | 45:56 | 1:06 | 1:21:51 | 1:21 | 25:11 | 2:35:23 |
| 140 | Eric Hanson | 32 | M | Sartell, MN | 22/25 | 118/173 | 23:55 | 48:05 | 48:05 | 1:40 | 1:18:09 | 1:26 | 26:16 | 2:35:33 |
| 141 | Theresa Mccarthy Pohl | 39 | F | Inver Grove Hgts, MN | 5/7 | 23/57 | 22:37 | 45:20 | 45:20 | 52 | 1:23:10 | 1:40 | 24:41 | 2:35:41 |
| 142 | Rolland Johnson | 19 | M | Roseville, MN | 3/3 | 119/173 | 21:24 | 43:53 | 43:53 | 1:06 | 1:22:25 | 1:28 | 27:13 | 2:36:03 |
| 143 | Alvin E Hynes | 22 | M | Bemidji, MN | 6/7 | 120/173 | 23:53 | 48:48 | 48:48 | 51 | 1:15:10 | 56 | 30:33 | 2:36:16 |
| 144 | Judy Peters | 42 | F | Sauk Rapids, MN | 8/12 | 24/57 | 22:00 | 44:01 | 44:01 | 1:24 | 1:24:50 | 1:11 | 24:56 | 2:36:20 |
| 145 | Joseph Gaffney | 42 | M | Woodbury, MN | 16/21 | 121/173 | 22:03 | 44:25 | 44:25 | 1:46 | 1:24:24 | 1:28 | 24:54 | 2:36:56 |
| 146 | Bob Harmon | 41 | M | Saint Paul, MN | 17/21 | 122/173 | 23:20 | 47:43 | 47:43 | 1:12 | 1:20:04 | 1:17 | 27:22 | 2:37:36 |
| 147 | Kevin R Flanders | 29 | M | St. Paul, MN | 16/18 | 123/173 | 25:05 | 48:26 | 48:26 | 1:59 | 1:13:25 | 1:34 | 30:15 | 2:37:38 |
| 148 | Kitty Coyle Earl | 35 | F | St. Paul, MN | 6/7 | 25/57 | 21:37 | 43:18 | 43:18 | 2:11 | 1:29:00 | 1:20 | 22:12 | 2:37:57 |
| 149 | Bob Bennett | 32 | M | Roseville, MN | 23/25 | 124/173 | 22:49 | 46:01 | 46:01 | 52 | 1:23:28 | 59 | 27:00 | 2:38:19 |
| 150 | Kevin Crookston | 40 | M | Lakeville, MN | 18/21 | 125/173 | 22:56 | 46:09 | 46:09 | 1:50 | 1:20:17 | 1:54 | 28:13 | 2:38:21 |
| 151 | Paul Devine | 36 | M | Minnetonka, MN | 14/19 | 126/173 | 21:38 | 44:52 | 44:52 | 2:22 | 1:25:54 | 1:17 | 24:03 | 2:38:26 |
| 152 | Tommy Brauneis | 63 | M | Waukesha, WI | 6/9 | 127/173 | 24:12 | 48:42 | 48:42 | 58 | 1:24:01 | 59 | 23:52 | 2:38:31 |
| 153 | John Dockendorf | 33 | M | St Stephen, MN | 4/8 | 128/173 | 22:09 | 44:19 | 44:19 | 1:42 | 1:24:33 | 1:29 | 26:57 | 2:38:58 |
| 154 | Calvin Miller | 33 | M | St Cloud, MN | 5/8 | 129/173 | 23:18 | 47:44 | 47:44 | 1:33 | 1:22:22 | 1:18 | 26:11 | 2:39:05 |
| 155 | Sheila Scholtes | 38 | F | St Cloud, MN | 1/2 | 26/57 | 24:30 | 48:27 | 48:27 | 1:10 | 1:22:26 | 1:10 | 27:27 | 2:40:38 |
| 156 | Jim Ogg | 59 | M | Edina, MN | 5/8 | 130/173 | 23:46 | 47:33 | 47:33 | 1:27 | 1:23:45 | 1:32 | 26:39 | 2:40:53 |
| 157 | Mary Hanney | 32 | F | Saint Paul, MN | 4/13 | 27/57 | 23:05 | 46:48 | 46:48 | 1:26 | 1:27:56 | 50 | 24:32 | 2:41:30 |
| 158 | Lisa M Mach | 32 | F | Minto, ND | 5/13 | 28/57 | 23:28 | 46:28 | 46:28 | 41 | 1:30:20 | 36 | 23:42 | 2:41:45 |
| 159 | Michael W O'hara | 49 | M | Sartell | 3/8 | 131/173 | 25:04 | 50:21 | 50:21 | 1:32 | 1:22:23 | 1:23 | 26:38 | 2:42:15 |
| 160 | Susan Lloyd | 46 | F | Littleton, CO | 4/6 | 29/57 | 26:17 | 53:41 | 53:41 | 36 | 1:19:08 | 38 | 28:26 | 2:42:27 |
| 161 | Tom Brix | 60 | M | Plymouth, MN | 7/9 | 132/173 | 25:34 | 51:23 | 51:23 | 1:23 | 1:21:22 | 1:41 | 27:26 | 2:43:13 |
| 162 | Michelle Kehoe | 33 | F | West Bend, WI | 6/13 | 30/57 | 23:41 | 47:41 | 47:41 | 1:19 | 1:24:53 | 1:15 | 28:07 | 2:43:14 |
| 163 | Eugene Garver | 57 | M | Sartell, MN | 6/8 | 133/173 | 24:37 | 49:31 | 49:31 | 1:28 | 1:23:39 | 1:52 | 27:06 | 2:43:34 |
| 164 | Gina Marie Berscheid | 24 | F | St. Louis Park, MN | 2/3 | 31/57 | 24:20 | 49:45 | 49:45 | 1:32 | 1:23:04 | 1:12 | 28:05 | 2:43:36 |
| 165 | Jeff Jurewicz | 30 | M | Le Sueur, MN | 24/25 | 134/173 | 25:15 | 50:33 | 50:33 | 55 | 1:24:37 | 43 | 26:56 | 2:43:41 |
| 166 | Jeff Julson | 36 | M | Onalaska, WI | 15/19 | 135/173 | 23:55 | 48:43 | 48:43 | 2:06 | 1:24:13 | 1:50 | 27:02 | 2:43:53 |
| 167 | Melody Woods | 34 | F | Minneapolis, MN | 7/13 | 32/57 | 24:30 | 48:56 | 48:56 | 1:28 | 1:26:18 | 1:07 | 26:35 | 2:44:22 |
| 168 | Kimberly Mari Dunn | 32 | F | Covington, OH | 8/13 | 33/57 | 23:23 | 47:03 | 47:03 | 2:18 | 1:29:37 | 1:26 | 24:03 | 2:44:26 |
| 169 | Paul Meehl | 35 | M | Savage, MN | 16/19 | 136/173 | 24:11 | 48:13 | 48:13 | 2:03 | 1:24:09 | 2:16 | 28:00 | 2:44:39 |
| 170 | Maxwell Kern | 42 | M | Milaca, MN | 4/8 | 137/173 | 27:15 | 52:49 | 52:49 | 1:53 | 1:21:32 | 1:25 | 27:04 | 2:44:41 |
| 171 | Michael Gleisner | 48 | M | Chili, WI | 23/30 | 138/173 | 23:39 | 48:45 | 48:45 | 1:57 | 1:27:02 | 1:14 | 26:49 | 2:45:45 |
| 172 | Lyle Quimby | 46 | M | Blaine, MN | 24/30 | 139/173 | 23:24 | 47:30 | 47:30 | 1:40 | 1:21:40 | 1:39 | 33:54 | 2:46:21 |
| 173 | Gregory Buteyn | 51 | M | Minnetonka, MN | 9/12 | 140/173 | 25:07 | 50:29 | 50:29 | 2:02 | 1:25:36 | 1:04 | 27:35 | 2:46:44 |
| 174 | Brec Huseby | 35 | M | Minneapolis, MN | 17/19 | 141/173 | 21:39 | 43:31 | 43:31 | 1:40 | 1:35:41 | 2:42 | 23:19 | 2:46:52 |
| 175 | Sandra Fritz | 29 | F | Minneapolis, MN | 4/8 | 34/57 | 25:02 | 49:02 | 49:02 | 1:20 | 1:30:24 | 1:03 | 25:15 | 2:47:03 |
| 176 | David Frank | 56 | M | Sartell | 7/8 | 142/173 | 24:06 | 48:37 | 48:37 | 1:35 | 1:30:30 | 1:31 | 25:14 | 2:47:25 |
| 177 | Corey Dunaiski | 33 | M | Hinckley, MN | 25/25 | 143/173 | 21:23 | 44:24 | 44:24 | 1:39 | 1:31:54 | 1:58 | 28:13 | 2:48:05 |
| 178 | Doran Schoepach | 39 | M | Cold Spring, MN | 18/19 | 144/173 | 23:35 | 47:30 | 47:30 | 1:41 | 1:32:53 | 1:17 | 26:21 | 2:49:39 |
| 179 | Al Treichel | 73 | M | Spring Hill, FL | 1/1 | 145/173 | 25:09 | 50:42 | 50:42 | 57 | 1:27:46 | 49 | 29:49 | 2:50:01 |
| 180 | Jeffrey P. Scott | 48 | M | St. Paul, MN | 25/30 | 146/173 | 26:40 | 52:33 | 52:33 | 1:06 | 1:28:43 | 1:02 | 26:41 | 2:50:03 |
| 181 | Alvin R Hynes | 50 | M | Bemidji, MN | 10/12 | 147/173 | 25:22 | 50:59 | 50:59 | 1:02 | 1:27:09 | 58 | 30:09 | 2:50:15 |
| 182 | Theresa Hermel | 27 | F | Blaine, MN | 5/8 | 35/57 | 25:02 | 49:30 | 49:30 | 1:12 | 1:32:27 | 1:24 | 25:46 | 2:50:16 |
| 183 | Barry Ross | 50 | M | Minneapolis, MN | 11/12 | 148/173 | 25:42 | 54:57 | 54:57 | 1:39 | 1:26:12 | 1:24 | 27:20 | 2:51:31 |
| 184 | Jonathan Swif Stinson | 42 | M | Plymouth, MN | 19/21 | 149/173 | 25:33 | 51:22 | 51:22 | 1:44 | 1:28:59 | 1:50 | 27:56 | 2:51:48 |
| 185 | Peter Miller | 45 | | | | | | | | | | | | |

| place | name | age | sex | location | divp | sexp | 5k | Split | 10K Run | Trans 1 | Bike | Trans 2 | 5K Run | time |
|-------|-------------------|-----|-----|---------------------|-------|---------|-------|-------|---------|---------|------|---------|---------|------|
| 201 | Jennifer Casey | 24 | F | Minneapolis, MN | 3/3 | 42/57 | 28:56 | 56:17 | 49 | 1:40:41 | 44 | 24:12 | 3:02:41 | |
| 202 | Jeff Grams | 40 | M | Hutchinson, MN | 20/21 | 160/173 | 26:43 | 54:20 | 1:17 | 1:40:29 | 1:13 | 27:35 | 3:04:52 | |
| 203 | Beverly Oehrlein | 49 | F | Sartell, MN | 6/6 | 43/57 | 26:44 | 52:42 | 2:57 | 1:39:10 | 2:27 | 28:00 | 3:05:14 | |
| 204 | Brendon Cassidy | 35 | M | Oakdale, MN | 19/19 | 161/173 | 23:34 | 48:35 | 1:13 | 1:47:01 | 1:22 | 27:33 | 3:05:43 | |
| 205 | Cindy Mundahl | 34 | F | Minneapolis, MN | 9/13 | 44/57 | 26:43 | 53:46 | 1:24 | 1:40:05 | 56 | 29:37 | 3:05:47 | |
| 206 | Dean Anker | 55 | M | Saint Paul, MN | 7/8 | 162/173 | 29:09 | 59:17 | 2:29 | 1:31:19 | 2:13 | 31:19 | 3:06:36 | |
| 207 | Angela Grinnell | 32 | F | Minneapolis, MN | 10/13 | 45/57 | 25:52 | 50:46 | 1:34 | 1:44:10 | 1:11 | 29:09 | 3:06:47 | |
| 208 | Richard Gleisner | 60 | M | St Cloud, MN | 8/9 | 163/173 | 27:34 | 55:41 | 3:19 | 1:38:03 | 1:51 | 29:59 | 3:08:52 | |
| 209 | Jim Cummins | 47 | M | St Cloud, MN | 29/30 | 164/173 | 26:51 | 54:28 | 1:05 | 1:43:31 | 1:00 | 29:06 | 3:09:07 | |
| 210 | Larry Bradford | 64 | M | Minneapolis, MN | 9/9 | 165/173 | 28:16 | 57:25 | 2:19 | 1:35:59 | 1:27 | 33:36 | 3:10:43 | |
| 211 | Diana Berg | 52 | F | Minneapolis, MN | 1/3 | 46/57 | 26:49 | 54:13 | 1:25 | 1:43:38 | 1:36 | 30:01 | 3:10:51 | |
| 212 | Eddy Becerra | 23 | M | Grand Forks Afb, ND | 7/7 | 166/173 | 25:03 | 51:23 | 38 | 1:49:26 | 36 | 31:41 | 3:13:42 | |
| 213 | Peter Hammerlinck | 37 | M | St Joseph, MN | 6/8 | 167/173 | 28:54 | 58:07 | 1:57 | 1:44:14 | 1:16 | 31:43 | 3:17:15 | |
| 214 | Dean R Schulstrom | 63 | M | Coon Rapids, MN | 8/8 | 168/173 | 30:51 | | 1:47 | 1:42:54 | 1:20 | 31:48 | 3:17:57 | |
| 215 | Patricia Wright | 49 | F | Warren, MN | 1/1 | 47/57 | 29:02 | 59:36 | 2:00 | 1:37:35 | 2:30 | 36:55 | 3:18:34 | |
| 216 | Thomas Rendos | 41 | M | Shorewood, MN | 21/21 | 169/173 | 31:32 | | 2:31 | 1:34:01 | 2:09 | 36:37 | 3:19:00 | |
| 217 | Linda Sandell | 50 | F | Mounds View, MN | 2/3 | 48/57 | 29:12 | 58:01 | 3:39 | 1:39:59 | 2:49 | 34:36 | 3:19:02 | |
| 218 | Amy Golenbeck | 30 | F | . | 11/13 | 49/57 | 30:24 | 56:53 | 1:16 | 1:50:02 | 1:19 | 32:04 | 3:21:32 | |
| 219 | Dawn Johnson | 26 | F | Rochester, MN | 2/2 | 50/57 | 33:24 | | 2:00 | 1:37:45 | 1:11 | 35:26 | 3:24:28 | |
| 220 | Tom Jensen | 46 | M | Sartell, MN | 30/30 | 170/173 | 33:24 | 59:53 | 1:16 | 1:49:58 | 1:22 | 32:06 | 3:24:33 | |
| 221 | Timothy Liffbrig | 38 | M | Eagan, MN | 7/8 | 171/173 | 28:30 | 56:20 | 1:25 | 1:55:00 | 1:13 | 31:55 | 3:25:51 | |
| 222 | Carol Potter | 37 | F | Sartell, MN | 7/7 | 51/57 | 26:45 | 54:36 | 3:17 | 1:46:50 | 3:14 | 42:27 | 3:30:23 | |
| 223 | Brad Emery | 31 | M | Clear Lake, MN | 8/8 | 172/173 | 30:35 | 59:11 | 1:07 | 1:51:38 | 1:13 | 37:49 | 3:30:55 | |
| 224 | Kathie Salata | 43 | F | Maple Grove, MN | 12/12 | 52/57 | 30:37 | | 4:49 | 1:50:44 | 3:41 | 34:22 | 3:34:01 | |
| 225 | Charlie Lloyd | 70 | M | Minneapolis, MN | 2/2 | 173/173 | 34:55 | | 1:12 | 1:42:06 | 55 | 42:18 | 3:38:12 | |
| 226 | Jodie Hall | 31 | F | Savage, MN | 12/13 | 53/57 | 33:59 | | 2:17 | 2:00:19 | 2:22 | 40:53 | 3:56:50 | |
| 227 | Mary Hendel | 33 | F | Edina, MN | 13/13 | 54/57 | 33:59 | | 2:26 | 1:59:59 | 2:24 | 41:01 | 3:56:50 | |
| 228 | Ann Herlofsky | 26 | F | Andover, MN | 8/8 | 55/57 | 28:55 | 56:19 | 1:07 | 2:28:53 | 1:04 | 32:09 | 3:59:30 | |
| 229 | Sandy Denne | 53 | F | Sartell, MN | 3/3 | 56/57 | 31:07 | | 3:16 | 2:09:48 | 3:34 | 42:16 | 4:02:14 | |
| 230 | Johanna M. Moore | 68 | F | Sandusky, OH | 1/1 | 57/57 | 35:22 | | 1:26 | 2:16:45 | 2:03 | 44:26 | 4:17:59 | |