

APPLE KID DUATHLON
(AGE 11 TO 14)
Friday, May 28, 2010
Sartell, Minnesota

.5M Run, 6M Bike, .5M Run

TOT PLC	DIV PLC	NAME	CITY	ST	AGE	S	plc	RUN time	pace	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1	1/2	Eli Stark-Haws	Saint Cloud	MN	14	M	1	3:20	6:39	0:30	1	14:26	24.9	0:24	2	3:38	7:16	22:16
2	1/8	Alexander Ramos	Saint Cloud	MN	13	M	2	3:27	6:53	0:34	3	14:51	24.2	0:18	1	3:37	7:14	22:45
3	2/8	Jackson Kmitch	St. Cloud	MN	13	M	8	3:32	7:03	0:29	4	14:52	24.2	0:19	4	3:41	7:21	22:51
4	1/11	Elizabeth Edwards	Waconia	MN	12	F	5	3:28	6:56	0:26	6	14:57	24.1	0:25	3	3:40	7:19	22:54
5	3/8	Samuel Kmitch	St. Cloud	MN	13	M	7	3:30	7:00	0:28	5	14:52	24.2	0:21	5	3:46	7:31	22:54
6	1/9	Noah Eide	Avon	MN	12	M	9	3:39	7:17	0:25	2	14:41	24.5	0:19	16	4:24	8:47	23:25
7	4/8	Isaac Revermann	St. Cloud	MN	13	M	10	3:41	7:22	0:32	7	15:30	23.2	0:28	11	4:14	8:28	24:23
8	2/11	Ellie Manderfeld	Sauk Rapids	MN	12	F	12	3:44	7:27	0:26	8	16:37	21.7	0:20	17	4:28	8:56	25:33
9	2/9	Tommy Pinkerton	Sartell	MN	12	M	6	3:29	6:57	0:32	12	17:26	20.7	0:29	14	4:19	8:38	26:13
10	1/10	Jeremy Warzecka	St Joseph	MN	11	M	23	3:58	7:55	0:42	13	17:27	20.6	0:26	9	4:13	8:25	26:43
11	2/2	Hayden Buchholz	Sartell	MN	14	M	25	4:02	8:03	0:33	11	17:18	20.8	0:26	30	4:45	9:30	27:02
12	1/7	Mackenzie Schad	Sartell	MN	13	F	27	4:04	8:07	0:33	10	17:02	21.1	0:25	39	5:07	10:14	27:09
13	5/8	Nick Kern	St. Cloud	MN	13	M	17	3:50	7:40	0:57	9	16:48	21.4	0:43	32	4:54	9:47	27:09
14	6/8	Benjamin Boucher	Saint Cloud	MN	13	M	4	3:28	6:55	0:28	15	18:14	19.7	0:20	28	4:43	9:26	27:12
15	3/9	Jared Osendorf	Sartell	MN	12	M	15	3:48	7:36	0:44	14	17:50	20.2	0:23	21	4:32	9:04	27:16
16	4/9	Garrett Roelofs	Sartell	MN	12	M	11	3:42	7:23	0:37	19	18:46	19.2	0:23	6	3:58	7:56	27:24
17	2/10	Cyris Conklyn	Eagle Lake	MN	11	M	3	3:27	6:54	0:30	20	19:02	18.9	0:22	15	4:22	8:43	27:41
18	7/8	Devin Weiman	Brooklyn Cente	MN	13	M	19	3:53	7:46	0:24	22	19:08	18.8	0:32	8	4:04	8:08	27:59
19	2/7	Erin Eikmeier	Sartell	MN	13	F	13	3:45	7:30	0:39	17	18:34	19.4	0:22	27	4:43	9:26	28:01
20	3/10	Carl Quandt	Annandale	MN	11	M	46	4:28	8:55	0:47	16	18:18	19.7	0:36	23	4:34	9:07	28:41
21	4/10	Isaac Stark	Sartell	MN	11	M	22	3:57	7:53	0:38	21	19:04	18.9	0:26	43	5:11	10:21	29:13
22	5/10	Simon Meer	Albany	MN	11	M	28	4:05	8:10	0:47	26	19:28	18.5	0:27	19	4:32	9:03	29:16
23	6/10	Eric Schatz	Sartell	MN	11	M	30	4:09	8:17	0:43	30	19:55	18.1	0:22	13	4:17	8:33	29:23
24	1/16	Claire Boschee	Sartell	MN	11	F	38	4:16	8:32	0:40	28	19:49	18.2	0:26	10	4:14	8:27	29:23
25	2/16	Lauren Buchholz	Sartell	MN	11	F	50	4:32	9:04	0:49	24	19:18	18.7	0:26	31	4:45	9:30	29:48
26	3/16	Lauren Steinke	St. Cloud	MN	11	F	29	4:08	8:15	0:44	33	20:05	17.9	0:26	18	4:28	8:56	29:49
27	3/7	Alayna Paulsen	Sartell	MN	13	F	21	3:54	7:48	0:38	31	19:56	18.1	0:31	35	5:01	10:01	29:58
28	7/10	Andrew Haehn	Sartell	MN	11	M	36	4:14	8:27	0:31	32	19:56	18.1	0:18	41	5:08	10:16	30:06
29	4/7	Emily Quandt	Annandale	MN	13	F	33	4:10	8:19	0:52	29	19:54	18.1	0:35	25	4:38	9:16	30:08
30	8/10	Alex Kern	St. Cloud	MN	11	M	32	4:10	8:19	0:45	27	19:34	18.4	0:25	47	5:26	10:52	30:18
31	3/11	Morgan Prom	St. Cloud	MN	12	F	48	4:31	9:02	0:40	23	19:12	18.8	0:31	48	5:29	10:57	30:21
32	5/9	Erik Malling	Paynesville	MN	12	M	44	4:25	8:49	0:44	34	20:08	17.9	0:30	34	4:59	9:58	30:44
33	4/11	Maddie Karls	Cold Spring	MN	12	F	24	3:59	7:57	0:38	41	21:10	17.0	0:24	24	4:37	9:14	30:46
34	5/11	Sara Simonette	Maple Lake	MN	12	F	53	4:39	9:18	0:45	40	21:02	17.1	0:24	7	4:04	8:08	30:52
35	6/9	Austin Pietrowski	Sartell	MN	12	M	57	4:55	9:49	0:42	18	18:39	19.3	0:33	54	6:09	12:17	30:55
36	8/8	Nolan Brenhaug	Sartell	MN	13	M	18	3:51	7:41	0:35	49	21:39	16.6	0:21	20	4:32	9:04	30:56
37	4/16	Maggie Hamerlinck	Saint Joseph	MN	11	F	40	4:21	8:42	0:44	37	20:39	17.4	0:23	42	5:10	10:19	31:15
38	1/1	Miranda Garman	Sartell	MN	14	F	20	3:54	7:48	0:27	51	22:12	16.2	0:22	26	4:43	9:26	31:37
39	5/16	Anna Dillon	Brainerd	MN	11	F	45	4:28	8:55	0:44	39	20:50	17.3	0:26	44	5:15	10:29	31:39
40	6/16	Alexandra Lee	St. Cloud	MN	11	F	47	4:30	8:59	0:34	50	21:49	16.5	0:22	22	4:33	9:06	31:46
41	6/11	Abigail Haehn	Sartell	MN	12	F	34	4:11	8:21	0:44	25	19:19	18.6	0:27	62	7:09	14:17	31:47
42	7/11	Jordan Sifferle	Buffalo	MN	12	F	54	4:40	9:19	0:46	42	21:18	16.9	0:24	29	4:43	9:26	31:48
43	7/16	Alyssa Fenstad	Saint Cloud	MN	11	F	42	4:22	8:44	0:40	44	21:22	16.8	0:24	45	5:17	10:34	32:03
44	8/16	Allison Seehusen	Saint Cloud	MN	11	F	41	4:22	8:43	0:44	45	21:24	16.8	0:28	40	5:07	10:14	32:03
45	7/9	Dean Amundson	Sartell	MN	12	M	52	4:39	9:18	0:35	46	21:28	16.8	0:23	37	5:03	10:06	32:06
46	5/7	Olivia Lamont	Sartell	MN	13	F	37	4:15	8:29	0:45	47	21:33	16.7	0:26	46	5:25	10:50	32:22
47	6/7	Megan Seehusen	Saint Cloud	MN	13	F	16	3:50	7:39	0:36	59	23:37	15.2	0:27	12	4:16	8:31	32:43
48	8/11	Kaylee Schelma	Rice	MN	12	F	35	4:11	8:22	0:56	48	21:37	16.7	0:31	49	5:37	11:14	32:50
49	9/10	Samuel Peterson	St. Cloud	MN	11	M	58	4:58	9:55	0:41	38	20:40	17.4	0:29	53	6:06	12:12	32:51
50	9/16	Katlynn Nilson	Richmond	MN	11	F	14	3:46	7:32	0:45	57	23:09	15.6	0:24	33	4:57	9:54	33:00
51	7/7	Samantha Czeck	Sartell	MN	13	F	26	4:04	8:07	0:35	35	20:30	17.6	0:31	63	7:24	14:47	33:02
52	9/11	Kayla Olson	Sartell	MN	12	F	31	4:09	8:18	0:48	56	22:58	15.7	0:34	36	5:02	10:04	33:29
53	10/11	Sydney Thieschafer	Sartell	MN	12	F	51	4:36	9:11	0:51	43	21:18	16.9	0:28	55	6:30	12:59	33:41
54	10/16	Josie Amo	Sauk Rapids	MN	11	F	59	5:06	10:11	0:52	36	20:36	17.5	0:29	60	7:07	14:13	34:08
55	11/16	Alyssa Thielen	Richmond	MN	11	F	39	4:18	8:36	0:35	54	22:53	15.7	0:34	52	5:51	11:42	34:10
56	8/9	Alex Wege	Avon	MN	12	M	49	4:31	9:02	0:52	52	22:15	16.2	0:27	57	6:36	13:11	34:40
57	12/16	Mikenzie Gessell	Sartell	MN	11	F	55	4:42	9:24	0:37	60	23:48	15.1	0:28	50	5:44	11:27	35:17
58	13/16	Macy Senn	Sartell	MN	11	F	56	4:48	9:36	0:44	58	23:24	15.4	0:29	56	6:33	13:05	35:57
59	10/10	Wesley Ford	Sartell	MN	11	M	43	4:24	8:48	0:43	63	26:01	13.8	0:30	38	5:05	10:09	36:40
60	14/16	Leanna Laing	Avon	MN	11	F	61	5:16	10:32	0:52	55	22:55	15.7	0:37	61	7:07	14:14	36:45
61	9/9	Eric Maas	Sartell	MN	12	M	63	5:21	10:41	0:29	53	22:20	16.1	1:08	64	7:33	15:05	36:48
62	15/16	Alaina Laing	Avon	MN	11	F	64	5:24	10:48	0:53	61	24:16	14.8	0:42	58	6:49	13:38	38:03
63	16/16	Hailey Kenning	Sartell	MN	11	F	62	5:20	10:40	1:13	62	24:47	14.5	0:32	59	6:51	13:42	38:42
64	11/11	Bridget Maas	Sartell	MN	12	F	60	5:10	10:20	0:46	64	29:58	12.0	0:31	51	5:45	11:29	42:08

MALE RESULTS

TOT PLC #	NAME	CITY	ST	AGE	S	plc	RUN time	pace	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME	
1	171	Eli Stark-Haws	Saint Cloud	MN	14	M	1	3:20	6:39	0:30	1	14:26	24.9	0:24	2	3:38	7:16	22:16
2	175	Alexander Ramos	Saint Cloud	MN	13	M	2	3:27	6:53	0:34	3	14:51	24.2	0:18	1	3:37	7:14	22:45
3	168	Jackson Kmitch	St. Cloud	MN	13	M	7	3:32	7:03	0:29	4	14:52	24.2	0:19	3	3:41	7:21	22:51
4	167	Samuel Kmitch	St. Cloud	MN	13	M	6	3:30	7:00	0:28	5	14:52	24.2	0:21	4	3:46	7:31	22:54
5	122	Noah Eide	Avon	MN	12	M	9	3:39	7:17	0:25	2	14:41	24.5	0:19	12	4:24	8:47	23:25
6	169	Isaac Revermann	St. Cloud	MN	13	M	8	3:41	7:22	0:32	6	15:30	23.2	0:28	8	4:14	8:28	24:23
7	134	Tommy Pinkerton	Sartell	MN	12	M	5	3:29	6:57	0:32	9	17:26	20.7	0:29	10	4:19	8:38	26:13
8	109	Jeremy Warzecka	St Joseph	MN	11	M	16	3:58	7:55	0:42	10	17:27	20.6	0:26	7	4:13	8:25	26:43
9	174	Hayden Buchholz	Sartell	MN	14	M	17	4:02	8:03	0:33	8	17:18	20.8	0:26	18	4:45	9:30	27:02
10	160	Nick Kern	St. Cloud	MN	13	M	12	3:50	7:40	0:57	7	16:48	21.4	0:43	19	4:54	9:47	27:09
11	139	Benjamin Boucher	Saint Cloud	MN	13	M	4	3:28	6:55									

25	115	Dean Amundson	Sartell	MN	12	M	26	4:39	9:18	0:35	25	21:28	16.8	0:23	21	5:03	10:06	32:06
26	106	Samuel Peterson	St. Cloud	MN	11	M	28	4:58	9:55	0:41	24	20:40	17.4	0:29	26	6:06	12:12	32:51
27	113	Alex Wege	Avon	MN	12	M	25	4:31	9:02	0:52	27	22:15	16.2	0:27	28	6:36	13:11	34:40
28	132	Wesley Ford	Sartell	MN	11	M	22	4:24	8:48	0:43	29	26:01	13.8	0:30	22	5:05	10:09	36:40
29	137	Eric Maas	Sartell	MN	12	M	29	5:21	10:41	0:29	28	22:20	16.1	1:08	29	7:33	15:05	36:48

FEMALE RESULTS

TOT	PLC #	NAME	CITY	ST	AGE	S	plc	RUN	time	pace	TRAN	time	plc	BIKE	time	mph	TRAN	time	plc	RUN	time	pace	TOTAL	TIME
1	114	Elizabeth Edwards	Waconia	MN	12	F	1	3:28	6:56		0:26	1	14:57	24.1	0:25	1	3:40	7:19					22:54	
2	143	Ellie Manderfeld	Sauk Rapids	MN	12	F	2	3:44	7:27		0:26	2	16:37	21.7	0:20	5	4:28	8:56					25:33	
3	172	Mackenzie Schad	Sartell	MN	13	F	10	4:04	8:07		0:33	3	17:02	21.1	0:25	17	5:07	10:14					27:09	
4	162	Erin Eikmeier	Sartell	MN	13	F	3	3:45	7:30		0:39	4	18:34	19.4	0:22	11	4:43	9:26					28:01	
5	103	Claire Boschee	Sartell	MN	11	F	17	4:16	8:32		0:40	8	19:49	18.2	0:26	3	4:14	8:27					29:23	
6	142	Lauren Buchholz	Sartell	MN	11	F	25	4:32	9:04		0:49	6	19:18	18.7	0:26	13	4:45	9:30					29:48	
7	102	Lauren Steinke	St. Cloud	MN	11	F	11	4:08	8:15		0:44	11	20:05	17.9	0:26	6	4:28	8:56					29:49	
8	166	Alayna Paulsen	Sartell	MN	13	F	7	3:54	7:48		0:38	10	19:56	18.1	0:31	15	5:01	10:01					29:58	
9	163	Emily Quandt	Annandale	MN	13	F	13	4:10	8:19		0:52	9	19:54	18.1	0:35	9	4:38	9:16					30:08	
10	117	Morgan Prom	St. Cloud	MN	12	F	24	4:31	9:02		0:40	5	19:12	18.8	0:31	23	5:29	10:57					30:21	
11	121	Maddie Karls	Cold Spring	MN	12	F	8	3:59	7:57		0:38	17	21:10	17.0	0:24	8	4:37	9:14					30:46	
12	127	Sara Simonette	Maple Lake	MN	12	F	27	4:39	9:18		0:45	16	21:02	17.1	0:24	2	4:04	8:08					30:52	
13	141	Maggie Hamerlinck	Saint Joseph	MN	11	F	19	4:21	8:42		0:44	14	20:39	17.4	0:23	19	5:10	10:19					31:15	
14	165	Miranda Garman	Sartell	MN	14	F	6	3:54	7:48		0:27	25	22:12	16.2	0:22	10	4:43	9:26					31:37	
15	147	Anna Dillon	Brainerd	MN	11	F	22	4:28	8:55		0:44	15	20:50	17.3	0:26	20	5:15	10:29					31:39	
16	108	Alexandra Lee	St. Cloud	MN	11	F	23	4:30	8:59		0:34	24	21:49	16.5	0:22	7	4:33	9:06					31:46	
17	119	Abigail Haehn	Sartell	MN	12	F	14	4:11	8:21		0:44	7	19:19	18.6	0:27	34	7:09	14:17					31:47	
18	126	Jordan Sifferle	Buffalo	MN	12	F	28	4:40	9:19		0:46	18	21:18	16.9	0:24	12	4:43	9:26					31:48	
19	145	Alyssa Fenstad	Saint Cloud	MN	11	F	21	4:22	8:44		0:40	20	21:22	16.8	0:24	21	5:17	10:34					32:03	
20	148	Allison Seehusen	Saint Cloud	MN	11	F	20	4:22	8:43		0:44	21	21:24	16.8	0:28	18	5:07	10:14					32:03	
21	161	Olivia Lamont	Sartell	MN	13	F	16	4:15	8:29		0:45	22	21:33	16.7	0:26	22	5:25	10:50					32:22	
22	177	Megan Seehusen	Saint Cloud	MN	13	F	5	3:50	7:39		0:36	31	23:37	15.2	0:27	4	4:16	8:31					32:43	
23	130	Kaylee Schelmka	Rice	MN	12	F	15	4:11	8:22		0:56	23	21:37	16.7	0:31	24	5:37	11:14					32:50	
24	128	Katlynn Nilson	Richmond	MN	11	F	4	3:46	7:32		0:45	29	23:09	15.6	0:24	14	4:57	9:54					33:00	
25	173	Samantha Czeck	Sartell	MN	13	F	9	4:04	8:07		0:35	12	20:30	17.6	0:31	35	7:24	14:47					33:02	
26	118	Kayla Olson	Sartell	MN	12	F	12	4:09	8:18		0:48	28	22:58	15.7	0:34	16	5:02	10:04					33:29	
27	116	Sydney Thieschafer	Sartell	MN	12	F	26	4:36	9:11		0:51	19	21:18	16.9	0:28	28	6:30	12:59					33:41	
28	135	Josie Amo	Sauk Rapids	MN	11	F	31	5:06	10:11		0:52	13	20:36	17.5	0:29	32	7:07	14:13					34:08	
29	129	Alyssa Thielen	Richmond	MN	11	F	18	4:18	8:36		0:35	26	22:53	15.7	0:34	27	5:51	11:42					34:10	
30	104	Mikenzie Gessell	Sartell	MN	11	F	29	4:42	9:24		0:37	32	23:48	15.1	0:28	25	5:44	11:27					35:17	
31	144	Macy Senn	Sartell	MN	11	F	30	4:48	9:36		0:44	30	23:24	15.4	0:29	29	6:33	13:05					35:57	
32	125	Leanna Laing	Avon	MN	11	F	33	5:16	10:32		0:52	27	22:55	15.7	0:37	33	7:07	14:14					36:45	
33	124	Alaina Laing	Avon	MN	11	F	35	5:24	10:48		0:53	33	24:16	14.8	0:42	30	6:49	13:38					38:03	
34	140	Hailey Kenning	Sartell	MN	11	F	34	5:20	10:40		1:13	34	24:47	14.5	0:32	31	6:51	13:42					38:42	
35	138	Bridget Maas	Sartell	MN	12	F	32	5:10	10:20		0:46	35	29:58	12.0	0:31	26	5:45	11:29					42:08	

TOP 10 FIRST RUN

NAME	CITY	ST	AGE	S	time	pace
1	Eli Stark-Haws	Saint Cloud	MN	14	M	3:20 6:39
2	Alexander Ramos	Saint Cloud	MN	13	M	3:27 6:53
3	Cyrus Conklyn	Eagle Lake	MN	11	M	3:27 6:54
4	Benjamin Boucher	Saint Cloud	MN	13	M	3:28 6:55
5	Elizabeth Edwards	Waconia	MN	12	F	3:28 6:56
6	Tommy Pinkerton	Sartell	MN	12	M	3:29 6:57
7	Samuel Kmitch	St. Cloud	MN	13	M	3:30 7:00
8	Jackson Kmitch	St. Cloud	MN	13	M	3:32 7:03
9	Noah Eide	Avon	MN	12	M	3:39 7:17
10	Isaac Revermann	St. Cloud	MN	13	M	3:41 7:22

TOP 10 FIRST TRANSITION

NAME	CITY	ST	AGE	S	time	
1	Devin Weiman	Brooklyn Cente	MN	13	M	0:24
2	Noah Eide	Avon	MN	12	M	0:25
3	Ellie Manderfeld	Sauk Rapids	MN	12	F	0:26
4	Elizabeth Edwards	Waconia	MN	12	F	0:26
5	Miranda Garman	Sartell	MN	14	F	0:27
6	Samuel Kmitch	St. Cloud	MN	13	M	0:28
7	Benjamin Boucher	Saint Cloud	MN	13	M	0:28
8	Eric Maas	Sartell	MN	12	M	0:29
9	Jackson Kmitch	St. Cloud	MN	13	M	0:29
10	Eli Stark-Haws	Saint Cloud	MN	14	M	0:30

TOP 10 BIKE

NAME	CITY	ST	AGE	S	time	mph
1	Eli Stark-Haws	Saint Cloud	MN	14	M	14:26 24.9
2	Noah Eide	Avon	MN	12	M	14:41 24.5
3	Alexander Ramos	Saint Cloud	MN	13	M	14:51 24.2
4	Jackson Kmitch	St. Cloud	MN	13	M	14:52 24.2
5	Samuel Kmitch	St. Cloud	MN	13	M	14:52 24.2
6	Elizabeth Edwards	Waconia	MN	12	F	14:57 24.1
7	Isaac Revermann	St. Cloud	MN	13	M	15:30 23.2
8	Ellie Manderfeld	Sauk Rapids	MN	12	F	16:37 21.7
9	Nick Kern	St. Cloud	MN	13	M	16:48 21.4
10	Mackenzie Schad	Sartell	MN	13	F	17:02 21.1

TOP 10 SECOND TRANSITION

NAME	CITY	ST	AGE	S	time	
1	Andrew Haehn	Sartell	MN	11	M	0:18
2	Alexander Ramos	Saint Cloud	MN	13	M	0:18
3	Noah Eide	Avon	MN	12	M	0:19
4	Jackson Kmitch	St. Cloud	MN	13	M	0:19

5	Ellie Manderfeld	Sauk Rapids	MN	12	F	0:20
6	Benjamin Boucher	Saint Cloud	MN	13	M	0:20
7	Samuel Kmitch	St. Cloud	MN	13	M	0:21
8	Nolan Brenhaug	Sartell	MN	13	M	0:21
9	Erin Eikmeier	Sartell	MN	13	F	0:22
10	Eric Schatz	Sartell	MN	11	M	0:22

TOP 10 SECOND RUN

NAME	CITY	ST	AGE	S	time	pace
1	Alexander Ramos	Saint Cloud	MN	13	M	3:37 7:14
2	Eli Stark-Haws	Saint Cloud	MN	14	M	3:38 7:16
3	Elizabeth Edwards	Waconia	MN	12	F	3:40 7:19
4	Jackson Kmitch	St. Cloud	MN	13	M	3:41 7:21
5	Samuel Kmitch	St. Cloud	MN	13	M	3:46 7:31
6	Garrett Roelofs	Sartell	MN	12	M	3:58 7:56
7	Sara Simonette	Maple Lake	MN	12	F	4:04 8:08
8	Devin Weiman	Brooklyn Cente	MN	13	M	4:04 8:08
9	Jeremy Warzecka	St Joseph	MN	11	M	4:13 8:25
10	Claire Boschee	Sartell	MN	11	F	4:14 8:27

FEMALE AGE GROUP RESULTS - 11 YEAR OLDS

NAME	CITY	ST	AGE	S	plc	RUN time	PACE	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1	Claire Boschee	Sartell	MN	11	F	3	4:16 8:32	0:40	2	19:49	18.2	0:26	1	4:14	8:27	29:23
2	Lauren Buchholz	Sartell	MN	11	F	10	4:32 9:04	0:49	1	19:18	18.7	0:26	4	4:45	9:30	29:48
3	Lauren Steinke	St. Cloud	MN	11	F	2	4:08 8:15	0:44	3	20:05	17.9	0:26	2	4:28	8:56	29:49
4	Maagie Hamerlinck	Saint Joseph	MN	11	F	5	4:21 8:42	0:44	5	20:39	17.4	0:23	7	5:10	10:19	31:15
5	Anna Dillon	Brainerd	MN	11	F	8	4:28 8:55	0:44	6	20:50	17.3	0:26	8	5:15	10:29	31:39
6	Alexandra Lee	St. Cloud	MN	11	F	9	4:30 8:59	0:34	9	21:49	16.5	0:22	3	4:33	9:06	31:46
7	Alyssa Fenstad	Saint Cloud	MN	11	F	7	4:22 8:44	0:40	7	21:22	16.8	0:24	9	5:17	10:34	32:03
8	Allison Seehusen	Saint Cloud	MN	11	F	6	4:22 8:43	0:44	8	21:24	16.8	0:28	6	5:07	10:14	32:03
9	Katlynn Nilson	Richmond	MN	11	F	1	3:46 7:32	0:45	12	23:09	15.6	0:24	5	4:57	9:54	33:00
10	Josie Amo	Sauk Rapids	MN	11	F	13	5:06 10:11	0:52	4	20:36	17.5	0:29	15	7:07	14:13	34:08
11	Alyssa Thielen	Richmond	MN	11	F	4	4:18 8:36	0:35	10	22:53	15.7	0:34	11	5:51	11:42	34:10
12	Mikenzie Gessell	Sartell	MN	11	F	11	4:42 9:24	0:37	14	23:48	15.1	0:28	10	5:44	11:27	35:17
13	Macy Senn	Sartell	MN	11	F	12	4:48 9:36	0:44	13	23:24	15.4	0:29	12	6:33	13:05	35:57
14	Leanna Laing	Avon	MN	11	F	14	5:16 10:32	0:52	11	22:55	15.7	0:37	16	7:07	14:14	36:45
15	Alaina Laing	Avon	MN	11	F	16	5:24 10:48	0:53	15	24:16	14.8	0:42	13	6:49	13:38	38:03
16	Hailey Kenning	Sartell	MN	11	F	15	5:20 10:40	1:13	16	24:47	14.5	0:32	14	6:51	13:42	38:42

MALE AGE GROUP RESULTS - 11 YEAR OLDS

NAME	CITY	ST	AGE	S	plc	RUN time	PACE	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1	Jeremy Warzecka	St Joseph	MN	11	M	3	3:58 7:55	0:42	1	17:27	20.6	0:26	1	4:13	8:25	26:43
2	Cyrus Conklyn	Eagle Lake	MN	11	M	1	3:27 6:54	0:30	3	19:02	18.9	0:22	3	4:22	8:43	27:41
3	Carl Quandt	Annandale	MN	11	M	9	4:28 8:55	0:47	2	18:18	19.7	0:36	5	4:34	9:07	28:41
4	Isaac Stark	Sartell	MN	11	M	2	3:57 7:53	0:38	4	19:04	18.9	0:26	8	5:11	10:21	29:13
5	Simon Meer	Albany	MN	11	M	4	4:05 8:10	0:47	5	19:28	18.5	0:27	4	4:32	9:03	29:16
6	Eric Schatz	Sartell	MN	11	M	5	4:09 8:17	0:43	7	19:55	18.1	0:22	2	4:17	8:33	29:23
7	Andrew Haehn	Sartell	MN	11	M	7	4:14 8:27	0:31	8	19:56	18.1	0:18	7	5:08	10:16	30:06
8	Alex Kern	St. Cloud	MN	11	M	6	4:10 8:19	0:45	6	19:34	18.4	0:25	9	5:26	10:52	30:18
9	Samuel Peterson	St. Cloud	MN	11	M	10	4:58 9:55	0:41	9	20:40	17.4	0:29	10	6:06	12:12	32:51
10	Wesley Ford	Sartell	MN	11	M	8	4:24 8:48	0:43	10	26:01	13.8	0:30	6	5:05	10:09	36:40

FEMALE AGE GROUP RESULTS - 12 YEAR OLDS

NAME	CITY	ST	AGE	S	plc	RUN time	PACE	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1	Elizabeth Edwards	Waconia	MN	12	F	1	3:28 6:56	0:26	1	14:57	24.1	0:25	1	3:40	7:19	22:54
2	Ellie Manderfeld	Sauk Rapids	MN	12	F	2	3:44 7:27	0:26	2	16:37	21.7	0:20	3	4:28	8:56	25:33
3	Morgan Prom	St. Cloud	MN	12	F	7	4:31 9:02	0:40	3	19:12	18.8	0:31	7	5:29	10:57	30:21
4	Maddie Karls	Cold Spring	MN	12	F	3	3:59 7:57	0:38	6	21:10	17.0	0:24	4	4:37	9:14	30:46
5	Sara Simonette	Maple Lake	MN	12	F	9	4:39 9:18	0:45	5	21:02	17.1	0:24	2	4:04	8:08	30:52
6	Abigail Haehn	Sartell	MN	12	F	5	4:11 8:21	0:44	4	19:19	18.6	0:27	11	7:09	14:17	31:47
7	Jordan Sifferle	Buffalo	MN	12	F	10	4:40 9:19	0:46	7	21:18	16.9	0:24	5	4:43	9:26	31:48
8	Kaylee Schelmka	Rice	MN	12	F	6	4:11 8:22	0:56	9	21:37	16.7	0:31	8	5:37	11:14	32:50
9	Kayla Olson	Sartell	MN	12	F	4	4:09 8:18	0:48	10	22:58	15.7	0:34	6	5:02	10:04	33:29
10	Sydney Thieschafer	Sartell	MN	12	F	8	4:36 9:11	0:51	8	21:18	16.9	0:28	10	6:30	12:59	33:41
11	Bridget Maas	Sartell	MN	12	F	11	5:10 10:20	0:46	11	29:58	12.0	0:31	9	5:45	11:29	42:08

MALE AGE GROUP RESULTS - 12 YEAR OLDS

NAME	CITY	ST	AGE	S	plc	RUN time	PACE	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1	Noah Eide	Avon	MN	12	M	2	3:39 7:17	0:25	1	14:41	24.5	0:19	3	4:24	8:47	23:25
2	Tommy Pinkerton	Sartell	MN	12	M	1	3:29 6:57	0:32	2	17:26	20.7	0:29	2	4:19	8:38	26:13
3	Jared Osendorf	Sartell	MN	12	M	4	3:48 7:36	0:44	3	17:50	20.2	0:23	4	4:32	9:04	27:16
4	Garrett Roelofs	Sartell	MN	12	M	3	3:42 7:23	0:37	5	18:46	19.2	0:23	1	3:58	7:56	27:24
5	Erik Malling	Paynesville	MN	12	M	5	4:25 8:49	0:44	6	20:08	17.9	0:30	5	4:59	9:58	30:44
6	Austin Pietrowski	Sartell	MN	12	M	8	4:55 9:49	0:42	4	18:39	19.3	0:33	7	6:09	12:17	30:55
7	Dean Amundson	Sartell	MN	12	M	7	4:39 9:18	0:35	7	21:28	16.8	0:23	6	5:03	10:06	32:06
8	Alex Wege	Avon	MN	12	M	6	4:31 9:02	0:52	8	22:15	16.2	0:27	8	6:36	13:11	34:40
9	Eric Maas	Sartell	MN	12	M	9	5:21 10:41	0:29	9	22:20	16.1	1:08	9	7:33	15:05	36:48

FEMALE AGE GROUP RESULTS - 13 YEAR OLDS

NAME	CITY	ST	AGE	S	plc	RUN time	PACE	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1	Mackenzie Schad	Sartell	MN	13	F	5	4:04 8:07	0:33	1	17:02	21.1	0:25	5	5:07	10:14	27:09
2	Erin Eikmeier	Sartell	MN	13	F	1	3:45 7:30	0:39	2	18:34	19.4	0:22	3	4:43	9:26	28:01

3	Alayna Paulsen	Sartell	MN	13	F	3	3:54	7:48	0:38	4	19:56	18.1	0:31	4	5:01	10:01	29:58
4	Emily Quandt	Annandale	MN	13	F	6	4:10	8:19	0:52	3	19:54	18.1	0:35	2	4:38	9:16	30:08
5	Olivia Lamont	Sartell	MN	13	F	7	4:15	8:29	0:45	6	21:33	16.7	0:26	6	5:25	10:50	32:22
6	Megan Seehusen	Saint Cloud	MN	13	F	2	3:50	7:39	0:36	7	23:37	15.2	0:27	1	4:16	8:31	32:43
7	Samantha Czeck	Sartell	MN	13	F	4	4:04	8:07	0:35	5	20:30	17.6	0:31	7	7:24	14:47	33:02

MALE AGE GROUP RESULTS - 13 YEAR OLDS

NAME	CITY	ST	AGE	S	plc	RUN time	PACE	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME	
1	Alexander Ramos	Saint Cloud	MN	13	M	1	3:27	6:53	0:34	1	14:51	24.2	0:18	1	3:37	7:14	22:45
2	Jackson Kmitch	St. Cloud	MN	13	M	4	3:32	7:03	0:29	2	14:52	24.2	0:19	2	3:41	7:21	22:51
3	Samuel Kmitch	St. Cloud	MN	13	M	3	3:30	7:00	0:28	3	14:52	24.2	0:21	3	3:46	7:31	22:54
4	Isaac Revermann	St. Cloud	MN	13	M	5	3:41	7:22	0:32	4	15:30	23.2	0:28	5	4:14	8:28	24:23
5	Nick Kern	St. Cloud	MN	13	M	6	3:50	7:40	0:57	5	16:48	21.4	0:43	8	4:54	9:47	27:09
6	Benjamin Boucher	Saint Cloud	MN	13	M	2	3:28	6:55	0:28	6	18:14	19.7	0:20	7	4:43	9:26	27:12
7	Devin Weiman	Brooklyn Cente	MN	13	M	8	3:53	7:46	0:24	7	19:08	18.8	0:32	4	4:04	8:08	27:59
8	Nolan Brenhaug	Sartell	MN	13	M	7	3:51	7:41	0:35	8	21:39	16.6	0:21	6	4:32	9:04	30:56

FEMALE AGE GROUP RESULTS - 14 YEAR OLDS

NAME	CITY	ST	AGE	S	plc	RUN time	PACE	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME	
1	Miranda Garman	Sartell	MN	14	F	1	3:54	7:48	0:27	1	22:12	16.2	0:22	1	4:43	9:26	31:37

MALE AGE GROUP RESULTS - 14 YEAR OLDS

NAME	CITY	ST	AGE	S	plc	RUN time	PACE	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME	
1	Eli Stark-Haws	Saint Cloud	MN	14	M	1	3:20	6:39	0:30	1	14:26	24.9	0:24	1	3:38	7:16	22:16
2	Hayden Buchholz	Sartell	MN	14	M	2	4:02	8:03	0:33	2	17:18	20.8	0:26	2	4:45	9:30	27:02